**Is This Hell? key: Bb bpm: 180**

**Words & Music: Dino Rustin**

***HORN LINE***

Bb – Bb – Bb – Bb / F – F – F - F / Bb – Bb – Bb – Bb / F – F – F – F

**VERSE 1**

Bb Bb

**What is this nightmare? What’s this stupid dream?**

F F

**Someone please just wake me up Before I f——n’ scream**

Bb Bb

**I dont know if I can handle this dose of reality**

F F

**I dont know if I can handle all of the possibilities**

**PRE-CHORUS (1/2 time)**

Gm Gm Eb Eb

**I can’t take it any - more … (build back into time)**

Gm Gm Eb F F F

**Why live life if this is all that living life is for.. (is this…**

**CHORUS**

Bb Bb Bb Bb

**Hell…** **Cause it sure as hell feels like**

F F F F

**it (and I’m not…)**

Bb Bb Bb Bb

**Well…** **I don’t know if I can handle it, and**

F F F (stop!)

**I dont want to deal with it, For-get about tomorrow**

***HORN LINE (just once)***

Bb – Bb – Bb – Bb / F – F – F - F /

**VERSE 2**

Bb Bb

**I cannot raise my voice And i’m all out of tears**

F F

**Somebody please just shake me up, From all this anger, all this fear, I**

Bb Bb

**feel like i’ve been robbed of joy, everything I was looking forward to**

F F

**The world was yours the world was mine, And now it’s like a big —— you**

**PRE-CHORUS (1/2 time)**

Gm Gm Eb Eb

**(and) I won’t fake it any - more … (build back into time)**

Gm Gm Eb F F F

**These are the worst days of my life, it’s cutting to the core (is this…**

**CHORUS**

Bb Bb Bb Bb

**Hell…** **Cause it sure as hell feels like**

F F F F

**it (and I’m not…)**

Bb Bb Bb Bb

**Well…** **I don’t know if I can handle it, and**

F F F (stop!)

**I dont want to deal with it, For-get about tomorrow**

**BRIDGE**

Bb

**Is this hell? Cause it sure as hell feels like it… (AND I’M NOT**

*(What is this nightmare? What’s this stupid dream?)*

Bb

**well… I don’t know it I can handle it,**

*(Somebody please just wake me up before I ---- scream)*

**and I don’t want to deal with it…**

*(What is this nightmare? What’s this stupid dream?)*

**forget about tomorrow…**

*forget about tomorrow*

**CHORUS (with horn line)**

Bb Bb Bb Bb

**Hell…** **Cause it sure as hell feels like**

F F F F

**it (and I’m not…)**

Bb Bb Bb Bb

**Well…** **I don’t know if I can handle it, and**

F F F (stop!)

**I dont want to deal with it, For-get about tomorrow**